



## Member Services Guide

Vintage Direct Primary Care, PLLC, provides clinic-based primary care services to its members. Members may schedule appointments as needed for preventative care such as yearly exams, chronic disease management, and in-office procedures. Same or next-day appointments are available for minor injuries and illnesses. There are no copayments to be seen in the office. All office visits are included in the membership.

### **Chronic Disease Management**

Ongoing care is provided for diseases like high blood pressure, diabetes, or asthma, with the goal of improving quality of life and reducing complications. If specialist care is needed, appropriate referrals will be made. The cost of specialist care is not included in the membership fee.

### **In-Office Procedures**

To aid in diagnosis or treatment, procedures such as skin biopsy, freezing of benign skin lesions, toe nail removal, breathing treatment, stitches, electrocardiogram, fracture treatment, drainage of abscess, etc., are performed. When there is a supply or laboratory analysis cost associated with a procedure you will be informed in advance.

### **Laboratory Testing**

We have negotiated for our member patients greatly reduced lab prices with a national reference laboratory. Often these prices are up to 90% off of the insurance based price. We will always tell you in advance what you will pay for these labs. Lab results are available by phone, standard texting, secure texting, in person, or on our secure patient portal. We perform EKGs and lung function testing as needed as part of your membership.

### **Immunizations**

Some children qualify for routine vaccinations free of charge. We will advise adults of needed vaccines, but they will not be available in the office. Local pharmacies are able to provide routine adult vaccinations.

### **Preventive and Wellness Care**

Periodic health exams and recommendations for screening tests and procedures in accordance with national clinical care guidelines are included. Promotion of a healthy lifestyle and healthy behaviors is our goal.

### **Urgent Care and Treatment**

Evaluations for illnesses or injuries that do not require emergency or specialist care, but are commonly addressed in an outpatient primary care office, are included.

### **Prescription Pharmaceuticals**

In addition to standard prescriptions which can be sent electronically to your pharmacy for payment either by cash or through your insurance, common generic medications will be available and dispensed in our office directly to you at wholesale prices.

### **Care Outside of the Office**

Except for unexpected situations, your provider will be available to you by telephone, online patient portal, email, Skype, Face Time, texting, or secure video communication. We make house calls (within a specified geographical area) if necessary. Our goal is for you to have access to YOUR provider by the method that fits you the best.

### **Contact Information**

Phone: 360.930.3500

Text: 360.930.6882

Email: [drpeter@vintagedpc.com](mailto:drpeter@vintagedpc.com)

This is not an insurance plan. It provides for primary care services only and makes no provision for emergency or specialty care.